

Share health updates quickly and easily



**CaringBridge.org**

CaringBridge provides free websites that connect people experiencing a significant health challenge to family and friends when health matters most, making each health journey easier. Each CaringBridge website is unique - authors select their website design and add health updates and photos to share their story while visitors leave messages of love and support in the guestbook.

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www.CaringBridge.org

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Free, personal and private websites that support and connect loved ones during a significant health challenge.



**CaringBridge.org**

Use CaringBridge to:

Simplify Communication

- Reduce time and emotional energy spent on repeated phone calls and e-mails
- Keep everyone informed with the same, accurate information

Receive Love and Support

- Connects a patient's entire community, creating a network of support for everyone involved
- Loved ones can post messages of support and encouragement from around the world

Who Uses CaringBridge?

Patients and Family Caregivers Who Are:

- Facing health challenges such as cancer, premature birth or serious injuries
- Overwhelmed with sharing health news
- Geographically separated from family and friends



It's Easy

- 1 From any computer, visit:
www.CaringBridge.org
- 2 Click on **“Create a Website”** and follow the easy directions
- 3 Invite family and friends to your site to read health updates and leave you messages

